

2026 FALL SCHEDULE



North Bay Performing Arts Association **Contessi Ballet School**

Classical Ballet
Vaganova and Cecchetti methods
Pas de Deux, Pilates
Contemporary & Jazz

Children and Adult Classes

The only non-profit studio in Sonoma County has a highly talented, professionally trained, experienced teachers in the performing arts. We are proud of the excellent reputation we have built since 1976, and are dedicated to maintaining quality.

707-242-3478

nbpacontessiballet@gmail.com

www.contessiballet.org

In the historic train station building
11790 Main Street, Suite E
Penngrove, CA



2025 Nutcracker Arabian Coffee



*2024 Nutcracker
Spanish Chocolate*

Coppelia 2026



North Bay Performing Arts Association **Contessi Ballet School**

Finest Non-Profit School for the
Performing Arts!

Classical Ballet Program

Svetlana Siplatova
Damon Mahoney
Slava Belinsky
Megan Holland
Siena Harris
Guest: Deborah Palesch
Guest Carla Curet

STOTT Pilates Program

Michelle Hirsch

Contemporary

Megan Holland



Email today for more information.
nbpacontessiballet@gmail.com



Contessi Ballet School

2026 FALL SCHEDULE : AUGUST

Welcome to Contessi Ballet School

Marcella Contessi Smith founded the Contessi Ballet School over 40 years ago. As of August 2018, the North Bay Performing Arts Association, now owns and operates the business as a non-profit organization. We have highly talented, professionally trained and experienced teachers in the performing arts who train our students using the Vaganova and Cecchetti methods. We are proud of the excellent reputation Marcella Contessi Smith has built and we are dedicated to maintaining high quality classical training at our school. Instruction methods and techniques are based on the firm belief that every student has something to offer and learning should be fun and exciting! We are committed to small class sizes so that each student receives a generous amount of personal attention as well as an education in the history of classical ballet and other forms of dance.



Ballet attire for students:

Capezio training leotards

Marin Dancewear, Novato/Amazon

Pink tights, pink ballet slippers and hair in bun

Kinder: Pink, cap sleeve CC400C

Level 1-2: Lt. Blue, cap sleeve, CC400C

Level 3-4: Royal Blue CC202

Level 5-6: Red CC202

Pre-Intermediate/Pre-Professional: Black CC202

Intermediate/Pre-Professional: Burgundy CC202

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30-5:30 Level 1 Teacher: Siena	5:00-6:00 Level 2 Teacher: Elena	Level 2 5:00-6:00 Level 2 Teacher: Megan	6- 7:15 Level 3-6 Beginning Pointe Teacher Elena	7:30-8:45 Beginning Adult Ballet Teacher: Megan	10:00-10:45 Kinder 1 Ballet (2-3yrs) Teacher: Siena
6:00-6:50 pm Level 3-6 & Adults STOTT PILATES Teacher: Michelle	7:30-9:00 Level 3-6 Technique and 30 minutes Pointe Teacher: Megan				10:45-11:45 am Kinder 2 Ballet (4-5 yrs) Teacher: Siena
ADULT Dance Drop-In: \$25 per class Adult Class Punch Card 8 hrs of Class: \$160 1 punch= 1 hr	Adult Dance Unlimited monthly rate for Fall Session: \$200	6:00-7:30 Level 3-6 & Intermediate Beginning Adult Ballet Teacher: Damon			12:00 pm Rehearsals
			**Email_Studio for School pricing at nbpacontessibal - let@gmail.com		2026 Fall semester August 3-December 20 2026 2027 Winter/Spring Semester January 4-June 19, 2027

Contessi Ballet School

2026 FALL SCHEDULE:SEPTEMBER-DECEMBER

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Level 1-2: Lt. Blue, cap sleeve, CC400C

Level 3-4: Royal Blue CC202

Level 5-6: Red CC202

Pre-Intermediate/Pre-Professional: Black CC202

Intermediate/Pre-Professional: Burgundy CC202

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30-5:30 Level 1 Teacher: Siena	5:00-6:00 Level 2 Teacher: Svetlana	Level 2 5:00-6:00 Level 2 Teacher: Megan	5:00-6 pm Pre-Pointe Beg Pointe Teacher: Svetlana	6:30-7:20 STOTT PILATES Teacher: Michelle	10:00-10:45 Kinder 1 Ballet (2-3yrs) Teacher: Siena
5:30-6:45 POINTE LEVEL 3-6 Teacher: Svetlana	6:00-7:30 Technique 30 min Pointe Level 3-6 Teacher: Svetlana		6:00-8:00 Level 3-6 Technique & Pointe		10:45-11:45 am Kinder 2 Ballet (4-5 yrs) Teacher: Siena
6:45-8:00 Advanced Beginning Adult Ballet Teacher Svetlana	7:30-8:30 Contemporary Teacher: Megan	6:00-7:30 Level 3-6 & Intermediate Beginning Adult Ballet Teacher: Damon		7:30-8:45 Beginning Adult Ballet Teacher: Megan	12:00-2:00 Rehearsals
8:00-8:30 Adult Beg Pointe Teacher Svetlana	ADULT Dance Drop-In: \$25 per class ADULT Class Punch Card 8 hrs of Class: \$160 1 punch= 1 hr of class. Unlimited for Fall Session : \$200		**Email_Studio for School pricing at nbpacontessibal - let@gmail.com		2026 Fall semester August 3-December 20 2026 2027 Winter/Spring Semester January 4-June 19, 2027