



North Bay Performing Arts Association  
**Contessi Ballet School**

Classical Ballet, Pas de Deux,  
Contemporary, Lyrical and Tap

Children and Adult Classes

*The only non-profit studio in Sonoma County has a highly talented, professionally trained, experienced teachers in the performing arts. We are proud of the excellent reputation we have built since 1976, and are dedicated to maintaining quality.*

707-242-3478  
nbpacontessiballet@gmail.com  
www.contessiballet.org

**In the historic train station building**  
11790 Main Street, Suite E  
Penngrove, CA



**Contessi Ballet's**  
**"Clara's Enchanted Dream"**  
**2019**



North Bay Performing Arts Association  
**Contessi Ballet School**

Finest Non-Profit School for the  
Performing Arts!

**SHARON HESS**  
Artistic Director

**FACULTY**  
**Classical Ballet Program**  
Sharon Hess  
Megan Holland  
Andrea Beach  
David Bertlin  
Ryan Camou  
**Tap Program**  
Andrea Beach  
**Jazz/Contemporary Program**  
Javi Arriaga

Email today for more information.  
nbpacontessiballet@gmail.com  
**Register for Class Online at:**

**www.contessiballet.org**



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Contessi Ballet School

**2022/2023 Class Schedule -ZOOM ID#981 909 5568/PW: Marcella**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:45 - 4:30 Kinder 1 Ballet Movement (2-3 yrs) Teacher: Analisa	4:00 - 4:45 Kinder 2 Ballet Basic Prep. Teacher: Andrea (4-5 yrs)	4:00-5:00 Level 1 Ballet Technique Teacher: Andrea	4:30-5:30 Level 2 Ballet Technique Teacher: Andrea	4:00-5:00 Level 1,2 Ballet Technique Teacher: Andrea	9:30 - 10:30 Open Tap Teacher: Andrea 10:30-10:45 Advanced Tappers Teacher: Andrea
4:30 - 5:00 Level 4 Ballet Pre-Pointe Teacher: Sharon	5:00– 6:00 Beg. Youth Contemporary/ Jazz Teacher: Javi Ages 7-12 years	5:00—6:00 Level 3,4 Ballet Technique Teacher: Andrea	5:45-6:30 Beg. Adult Pointe Teacher :Andrea	5:00– 6:30 Level 3,4 Ballet Technique Teacher: Andrea	11:00 - 12:00 Pre-Intermediate/ Level 3 & 4(required) Core/Stretch Teacher: Megan
5:-00-6:30 Pre-Intermediate Tech/Pointe Teacher: Sharon	6:00 - 7:30 Open Advanced Contemporary/ Jazz Teacher: Javi	6:00-8:00 Pre-Intermediate Technique /Pointe Teacher: Megan	6:30-8:30 Pre-Intermediate Technique / Pointe Teacher: Megan	6:30-7:30 Teen /Adult Beginning ballet Teacher: Megan	12:00-1:30 Pre-Intermediate Pointe/Variations/ Pointe Rehearsals
6:45-8:00 Adv. Beg. Adult Ballet Teacher: Megan					Pas De Deux/Pointe TBA

**Tuition - Based on 3 Semester Program**

<u>Classes</u>	<u>Monthly Cost</u>	<u>ADULT Dance Classes</u>	
Kinder Ballet - 0.75/1/5 hr	\$60/\$90	Drop-In	\$20/class
Level I-II - 1 hr/2 hr	\$70/\$100	Unlimited	\$160/month
Level III - 3.5 hr	\$140	<b>Adult Class Punch Card</b>	
Level IV: 4.0 hr	\$150	4 hrs of Class	\$65
Level V - 5.0 hr	\$200	8 hrs of Class	\$120
Level VI - 6.0 hr	\$300	(1 punch= 1 hr of class. 1.5 punch =1.5 hr of class)	
Pre-Intermediate /Pointe	\$375		
Intermediate /Pointe	TBD		
Y. Contemporary - 1 hr	\$60	<b>All participating students of any age:</b>	
Adv. Contemporary-1.5 hr	\$80	Tuition is due on or before the first day of the session. A late fee of \$25 will be assessed if tuition is not received by the 10th day. A \$60 insurance fee will be charged twice a year - at initial enrollment or in August and in January.	
Open Tap - 1 hr	\$60		
Adv. Tap 1.25 hr	\$65		

\*Full-time ballet students can take a non-ballet class for just \$10/mo.!

**2022- 2023 Calendar**

**Fall/ Winter Semester 2022**  
August 1, 2022-December 23, 2022  
**Winter/ Spring Semester 2023**  
January 2- June 17, 2023  
**Summer Break:** June 18-July 4, 2023  
**Summer Session 2023**  
July 5-August 2, 2023  
**Fall/Winter 2023**  
August 7-December 23, 2023  
**Winter/ Spring Semester 2024**  
January 2- June 16, 2024

**Holidays: (school closed)**  
Labor Day-September 5, 2022  
Thanksgiving - Nov. 24—Nov. 27, 2022  
Christmas - Dec. 23—Jan. 1, 2023  
Presidents' Day - Feb. 20, 2023  
Easter Holiday - April 7—9, 2023  
Memorial Day - May 29, 2023  
Labor Day-September 4, 2023

**Welcome to  
Contessi Ballet**

Marcella Contessi Smith founded the Contessi Ballet School over 40 years ago. As of August 2018, the North Bay Performing Arts Association, now owns and operates the business as a non-profit organization. We have highly talented, professionally trained and experienced teachers in the performing arts. We are proud of the excellent reputation Marcella Contessi Smith has built and we are dedicated to maintaining high quality classical training at our school. Instruction methods and techniques are based on the firm belief that every student has something to offer and learning should be fun and exciting! We are committed to small class sizes so that each student receives a generous amount of personal attention as well as an education in the history of classical ballet and other forms of dance.



**Ballet attire for students:**

Capezio training leotards

Marin Dancewear, Novato

Pink tights, pink ballet slippers and hair in bun

Kinder: Pink, cap sleeve CC400C

Level 1-2: Lt. Blue, cap sleeve, CC400C

Level 3-4: Royal Blue CC202

Level 5-6: Red CC202

Pre-Intermediate: Black CC202

Intermediate: Burgundy CC202

