

2024 SUMMER SCHEDULE



North Bay Performing Arts Association
Contessi Ballet School

Classical Ballet, Pas de Deux, Pilates
Contemporary & Jazz, Tap & Hip Hop

Children and Adult Classes

The only non-profit studio in Sonoma County has a highly talented, professionally trained, experienced teachers in the performing arts. We are proud of the excellent reputation we have built since 1976, and are dedicated to maintaining quality.

707-242-3478

nbpaacontessiballet@gmail.com

www.contessiballet.org

In the historic train station building
11790 Main Street, Suite E
Penngrove, CA



Contessi Ballet School's Clara's
Enchanted Dream Winter
Production



North Bay Performing Arts Association
Contessi Ballet School

Finest Non-Profit School for the
Performing Arts!

FACULTY

Classical Ballet Program
Deborah Palesch
Andrea Beach
Elena Mankowski

STOTT Pilates Program
Michelle Hirsch

Tap Program

Messina Lewis
Hip Hop Program
Messina Lewis

Register for Class Online at:

Jazz/Contemporary Program
Javi Arriaga

Email today for more information.
nbpacontessiballet@gmail.com

North Bay Performing Arts Association
Contessi Ballet School, Fall Semester, 2024

Kinder 1 & 2; Levels 1-6; Pre-Intermed./Intermed.; Adult Program; Tap/Hip Hop/Contemporary Monday Tuesday Wednesday
Thursday Friday Saturday

Welcome to
Contessi Ballet School

Marcella Contessi Smith founded the Contessi Ballet

4:30-5:30 Technique Level 3/4 Teacher Deborah/Guest	Guest Teacher: Elena	Andrea/Guest Andrea			
5:30 - 6:00 Pre-Pointe/Pointe Teacher: Deborah/Guest	7:30-8:00 Adult pointe/ Partnering Teacher: Deborah/Guest	6:30 -7:30 Pre-Intermediate Pointe	7:30 -8:30 Open Adult Choreography Skill Practice Free Class 4:00-5:00 Youth Contemporary Teacher: Javi	6:00-7:00 Level 3/4 Technique Teacher Andrea	5:00-6:00 Open Hip Hop Teacher: Messina
6:15-7:30 Advanced Adult Ballet Teacher: Deborah/	4:30- 5:15 Kinder 2 Ballet (4-5 yrs) Teacher: Elena			7:15-8:15 Intermediate Beginning Adult Ballet Teacher Andrea	6:00-7:00 Open Contemporary/ Jazz Teacher: Javi
	5:15-6:30 Level 2 Technique	Teacher	5:00-6:00 Advanced Level 1 Ballet Technique Teacher:	4:00-5:00 Open Beginning Tap Teacher: Messina	4:15-5:15 Level 1 Ballet Technique Teacher:

Elena

business as a non-profit organization. We have highly talented, professionally trained and experienced teachers in the performing arts who train our students using the Vaganova and Cecchetti methods. We are proud of the excellent reputation Marcella Contessi Smith has built and we are dedicated to maintaining high quality classical training at our school. Instruction methods and techniques are based on the firm belief that every student has something to offer and learning should be fun and exciting! We are committed to small class sizes so that each student receives a generous amount of personal attention as well as an education in

the history of classical ballet and other forms of dance. slippers and hair in bun Kinder: Pink, cap sleeve CC400C

5:15-6:15
Level 2
Technique
Teacher:
Elena

Ballet
(2-3yrs)
Teacher:
Andrea
11:00-12:30 pm
Combined Technique/
Pointe Class
Level 4-PreIntermed.
&

6:15-7:15
Beginning Adult Ballet
Teacher:
Andrea

Advanced
Adult Ballet
Instructor:
Deborah/Guest

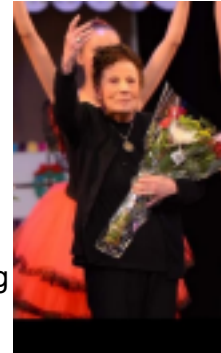
7:15-8:15
Open
rehearsals
9 am-10 am
Open rehearsals/
makeups

12:30-1:30 pm
STOTT Pilates
Instructor:

Michelle

1:30-5:00
Open Rehearsals/
makeups
School over 40 years
ago. As of August
2018, the North Bay
Performing Arts
Association, now owns
and operates the

Ballet attire for
students:



Capezio training
leotards

Marin Dancewear,
Novato/Amazon

Pink tights, pink ballet

Level 1-2: Lt. Blue,
cap sleeve, CC400C

Level 3-4: Royal Blue
CC202

10:00-10:45 a.m.
Kinder 1

ADULT Dance Classes Drop-In: Month:\$195

\$25 per hour of class Adult Class

Punch Card 8 hrs of Class: \$160 1
punch= 1 hr of class. Unlimited for

Fall semester starts: August
5-December 21, 2024

Labor Day holiday: September 2,
2024

Level 5-6: Red CC202

**Email Studio for school pricing at
nbpaacontessibal@let@gmail.com

Pre-Intermediate/Pre-Professional:

Black CC202

Intermediate/Pre-Professional:

Burgundy CC202