

**2024 Winter/Spring
Schedule**



North Bay Performing Arts Association
Contessi Ballet School

Classical Ballet, Pas de Deux,
Contemporary, Lyrical and Tap

Vaganova/Cecchetti based training

Children and Adult Classes

The only non-profit studio in Sonoma County has a highly talented, professionally trained, experienced teachers in the performing arts. We are proud of the excellent reputation we have built since 1976, and are dedicated to maintaining quality.

707-242-3478

nbpaacontessiballet@gmail.com

www.contessiballet.org

In the historic train station building

11790 Main Street, Suite E

Penngrove, CA



**Contessi Ballet School's 2022 & 2023
Clara's Enchanted Dream**



North Bay Performing Arts Association
Contessi Ballet School

Finest Non-Profit School for the
Performing Arts!

FACULTY
Classical Ballet Program

Deborah Palesch

Andrea Beach

Christa Christianson

Student Teacher Elena Mankowski

David Bertlin

Ryan Camou

Tap Program

Andrea Beach

Messina Lewis

Jazz/Contemporary Program

Javi Arriaga

Pilates Instruction

Michelle Hirsch

Email today for more information.
nbpaacontessiballet@gmail.com

Register for Class Online at:



Winter/Spring 2024 Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>4:30-5:00 Pre-Pointe/Beg Pointe</p> <p>Teacher Christa Christianson/Ryan Camou</p>	<p>4:15-5:00 Kinder 2 Ballet Basic Prep. (4-5yrs)</p> <p>Teacher Elena Assis: Siena H</p>	<p>4:15-5:00 Kinder 1 Ballet (2-3yrs) Movement and learning discipline of ballet classroom/basic technical skills are taught if readiness shown</p> <p>Teacher Andrea</p>	<p>4:00-5:00 Open Youth Tap</p> <p>Teacher Messina</p> <p>(Mixed Levels)</p>	<p>4:00-5:00 Advanced Level 1 Technique</p> <p>Teacher Andrea</p>	<p>10:00-11:00 Open Youth Tap Teacher: Andrea (Mixed Levels)</p> <hr/> <p>11:00-11:30 Pre-Pointe/Beg Pointe Teacher Andrea</p>
<p>5:00 - 6:00 Level 3/4 Technique</p> <p>Teacher Christa /Ryan Camou</p>	<p>5:00—6:00 Level 2 Technique Teacher Elena</p>	<p>5:00—6:00 Level 1 Ballet Technique Teacher Andrea</p>	<p>5:00-6:00 Youth Contemporary (6 –12)</p> <p>Teacher Javi</p>	<p>5:00-6:00 Level 2 Technique Teacher Elena</p>	<p>11:30-12:30 Open Core/Pilates</p> <p>Teacher Michelle</p>
<p>6:00-7:00 Adv. Beg. Adult Ballet</p> <p>Teacher Christa /Ryan Camou</p>	<p>6:00-8:00 Advanced Technique/Pointe/Stretch</p> <p>Level 3 and up (Level 3/4 take as strictly technique class)</p> <p>Teacher Deborah Palesch</p>	<p>6:00-7:00 Level 3/4 Technique/Stretch</p> <p>Teacher Andrea</p>	<p>6:00-7:30 Advanced Contemporary Teacher Javi (11 years and older)</p>	<p>6:00-7:00 Beginning Adult Ballet Teacher Andrea</p>	<p>12:30-2:30 Pre-Intermediate/Pre-Profess. Pointe/Variation/partnering/rehearsals</p>
<p>7:00-7:30 Adult pointe Teacher Christa/Ryan Camou</p>	<p>*CBS tuition rates: Please contact the studio.</p>		<p>Winter/Spring Semester 2024 January 6-June 15 Summer 2024 Session July 1-July 31 Fall Semester 2024: August 5-Dec 21</p> <p>School Holidays Labor Day: Sept 4, 23 Thanksgiving: Nov 22-24, 2023 Christmas: Dec 23-Jan 5 Presidents Day: Feb 19, 2024 Easter: March 29-31, 2024 Memorial Day: May 27, 2024 Labor Day: Sept 2, 2024</p>		
					

**Welcome to
Contessi Ballet School**

Marcella Contessi Smith founded the Contessi Ballet School over 40 years ago. As of August 2018, the North Bay Performing Arts Association, now owns and operates the business as a non-profit organization. We have highly talented, professionally trained and experienced teachers in the performing arts who train our students using the Vaganova and Cecchetti methods. We are proud of the excellent reputation Marcella Contessi Smith has built and we are dedicated to maintaining high quality classical training at our school. Instruction methods and techniques are based on the firm belief that every student has something to offer and learning should be fun and exciting! We are committed to small class sizes so that each student receives a generous amount of personal attention as well as an education in the history of classical ballet and other forms of dance.



Ballet attire for students:

Capezio training leotards

Marin Dancewear, Novato/Amazon

Pink tights, pink ballet slippers and hair in bun

Kinder: Pink, cap sleeve CC400C

Level 1-2: Lt. Blue, cap sleeve, CC400C

Level 3-4: Royal Blue CC202

Level 5-6: Red CC202

Pre-Intermediate/Pre-Professional: Black CC202

Intermediate/Pre-Professional: Burgundy CC202