2024 Winter/Spring Schedule

North Bay Performing Arts Association
Contessi Ballet School

Classical Ballet, Pas de Deux, Contemporary, Lyrical and Tap

Vaganova/Cecchetti based training

Children and Adult Classes

The only non-profit studio in Sonoma County has a highly talented, professionally trained, experienced teachers in the performing arts. We are proud of the excellent reputation we have built since 1976, and are dedicated to maintaining quality.

707-242-3478
nbpaacontessiballet@gmail.com
www.contessiballet.org

In the historic train station building
11790 Main Street, Suite E
Penngrove, CA

Contessi Ballet School's 2022 & 2023 Clara's Enchanted Dream

North Bay Performing Arts Association
Contessi Ballet School

Finest Non-Profit School for the Performing Arts!

FACULTY
Classical Ballet Program

Deborah Palesch
Andrea Beach
Christa Christianson
Student Teacher Elena Mankowski
David Bertlin
Ryan Camou

Tap Program
Andrea Beach

Jazz/Contemporary Program
Javi Arriaga

Pilates Instruction
Michelle Hirsch

Email today for more information.
nbpaacontessiballet@gmail.com
Register for Class Online at:

North Bay Performing Arts Association
Contessi Ballet School

Winter/Spring 2024 Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30-5:00 **Pre-Pointe** Teacher Christa Christianson	4:15-5:00 **Kinder 2 Ballet Basic Prep**. (4-5yrs) Teacher Elena Assis: Siena H	4:15-5:00 **Kinder 1 Ballet** (2-3yrs) Movement and learning discipline of ballet classroom/basic technical skills are taught if readiness shown Teacher Andrea	5:00-6:00 **Youth Contemporary** (6 –12) Teacher Javi	4:00-5:00 **Advanced Level 1 Technique** Teacher Andrea	10:00-11:00 **Open Youth Tap** Teacher: Andrea ———— 11:00-11:30 **Pre-Pointe** Teacher Andrea
5:00 - 6:00 **Level 3/4 Technique** Teacher Christa	5:00—6:00 **Level 2 Technique** Teacher Elena	5:00—6:00 **Level 1 Ballet Technique** Teacher Andrea	6:00-7:30 **Advanced Contemporary** Teacher Javi (11 years and older)	5:00-6:00 **Level 2 Technique** Teacher Elena	11:30-12:30 **Open Core/Pilates** Teacher Michelle
6:30-7:30 **Adv. Beg. Adult Ballet** Teacher Christa	6:00-8:00 **Advanced Technique/ Pointe/Stretch** **Level 3 and up** **(Level 3/4 take as strictly technique class)** Teacher Deborah Palesch	6:00-7:00 **Level 3/4 Technique/ Stretch** Teacher Andrea		6:00-7:30 **Beginning Adult Ballet** Teacher Andrea/ Deborah Palesch	12:30-2:30 **Pre-Intermediate/Pre-Profess. Pointe/ Variation/partnering/ rehearsals**
7:30-8:00 **Adult pointe** Teacher Christa					

*CBS tuition rates:
Please contact the studio.

Winter/Spring Semester 2024
January 6-June 15
Summer 2024 Session
July 1-July 31
Fall Semester 2024:
August 5-Dec 21

School Holidays
Labor Day: Sept 4, 23
Thanksgiving: Nov 22-24, 2023
Christmas: Dec 23-Jan 5
Presidents Day: Feb 19, 2024
Easter: March 29-31, 2024
Memorial Day: May 27, 2024
Labor Day: Sept 2, 2024

Welcome to Contessi Ballet School

Marcella Contessi Smith founded the Contessi Ballet School over 40 years ago. As of August 2018, the North Bay Performing Arts Association, now owns and operates the business as a non-profit organization. We have highly talented, professionally trained and experienced teachers in the performing arts who train our students using the Vaganova and Cecchetti methods.

We are proud of the excellent reputation Marcella Contessi Smith has built and we are dedicated to maintaining high quality classical training at our school. Instruction methods and techniques are based on the firm belief that every student has something to offer and learning should be fun and exciting! We are committed to small class sizes so that each student receives a generous amount of personal attention as well as an education in the history of classical ballet and other forms of dance.

Ballet attire for students:

Capezio training leotards

Marin Dancewear, Novato/Amazon

Pink tights, pink ballet slippers and hair in bun

Kinder: Pink, cap sleeve CC400C

Level 1-2: Lt. Blue, cap sleeve, CC400C

Level 3-4: Royal Blue CC202

Level 5-6: Red CC202

Pre-Intermediate/Pre-Professional: Black CC202

Intermediate/Pre-Professional: Burgundy CC202